



April 2024

GLEN ROCK

Elementary Schools



MONDAYS

BOAR'S HEAD Turkey & Cheese on a Kaiser

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

BOAR'S HEAD Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

 Organic Pasta with Organic Beef Meat Sauce & Dinner Roll

Pizzeria Pizza

Pulled Pork on a Kaiser w/ Mixed Veggies
Double Hot

Meatball Parmesan Hero

Pizzeria Pizza

Pizza Crunchers w/ Sweet Potato Fries
Double Hot

Chicken Teriyaki w/ Vegetable Fried Rice & Fortune Cookie

Pizzeria Pizza

Mozzarella Sticks w/ French Fries & Marinara Dipping Sauce
Double Hot

Big Daddy's 4 Cheese Pizza

Pizzeria Pizza

Chicken & Waffles
Double Hot

Pizza Calzone

Pizzeria Pizza

Chicken Filet On A Bun w/ French Fries
Double Hot

French Toast w/ Egg Patty

Pizzeria Pizza

Boneless Chicken Wings w/ Mashed Potatoes
Double Hot

Stuffed Shells in Pink Sauce w/ Garlic Bread

Pizzeria Pizza

Chicken Tenders w/ Roasted Veggies
Double Hot

Popcorn Chicken w/ Dinner Roll and Sweet Corn

Pizzeria Pizza

Pasta w/ Meatballs
Double Hot

Sabrett All Beef Hot Dog on a Bun w/ Mashed Potatoes

Pizzeria Pizza

3 Cheese Cavatappi w/ Garlic Bread
Double Hot

Chicken Nuggets w/ BBQ Dipping Sauce and Mashed Potatoes

Pizzeria Pizza

Breakfast Meal: Muffin, Egg Patty and a Hash Brown
Double Hot

 Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese, Ketchup & French Fries


Pizzeria Pizza

Cheese Ravioli w/ Marinara Sauce & a Dinner Roll
Double Hot

Grilled Cheese w/ Mixed Veggies

Pizzeria Pizza

Pancakes w/ Turkey Sausage
Double Hot

 Organic Chicken & Cheese Quesadillas w/ Salsa and Corn

Organic Cheese Quesadillas w/ Salsa and Corn

Pizzeria Pizza

Beacon St Cheese Stuffed Sticks w/ Marinara Dipping Sauce
Double Hot

Stuffed Crust Pizza

Pizzeria Pizza

General Tso's Chicken w/ Vegetable Fried Rice
Double Hot

Popcorn Chicken Bowl

Pizzeria Pizza

Mozzarella Sticks w/ Marinara Dipping Sauce and Mixed Vegetables
Double Hot

Cheese & Potato Pierogis w/ Sauerkraut w/ Farmer's Market Cookies

Pizzeria Pizza

Chicken Nuggets w/ Parmesan Spinach Couscous
Double Hot

Beef Nachos with Brown Rice, Cheddar Cheese, Salsa and Scoops

Pizzeria Pizza

Mini Pizza Bagel w/ French Fries
Double Hot

Pasta w/ Alfredo Sauce & Dinner Roll

Pizzeria Pizza

Chicken Filet On A Bun w/ Mashed Potatoes
Double Hot

 Organic Homemade Macaroni & Cheese w/ Garlic Bread

Pizzeria Pizza

BBQ Beef Rib w/ Mashed Potatoes
Double Hot

Pizza Quesadilla

Pizzeria Pizza

Mini Chicken Nuggets w/ Mashed Potato and Sweet Corn
Double Hot

Sorghum Tabbouleh Samples will be Available along with Mediterranean Sorghum Tabbouleh Bento Box

Local Gold Rush Apples Featured this Week on the Farmstand!



29	30
Sabrett All Beef Hot Dog on a Bun w/ Sweet Potato Fries	Chicken Cordon Bleu on a Kaiser w/ Hash Brown
Pizzeria Pizza	Pizzeria Pizza
Chicken Tenders w/ Emoticon Fries Double Hot	Lasagna Roll Up w/ Garlic Bread Double Hot

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

For order edits or cancellations, please e-mail
bfoxman@pomptonian.com by 8:00 a.m.



Fruits & vegetables from
The Farm Stand are
included with lunch.

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - \$4.75 per meal
Double Hot Traditional Meal - \$6.00
Boar's Head & Featured Favorite Lunches - \$5.50 (Double Hot not available)
🌿 Organic Lunch - \$7.00 (Double Hot not available)
2-Slice Pizza Meal - \$6.00

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$2.75 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
Brandon Foxman at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is Baked, not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*